

## Tuscarawas and Carroll County Services



OhioGuidestone, one of the largest behavioral health agencies in the state, has been helping individuals reset their paths, reclaim their autonomy and restore their purpose for over 155 years, providing community counseling, substance use disorder treatment, early childhood mental health services, psychiatric care, workforce development training and more.

We understand you're looking for a path to recovery that works and people who care, listen and want to help. We genuinely care about you; it's our mission to provide pathways for growth, achievement and lifelong success to everyone who walks through our office doors. We support you when and where you need it, maintaining our promise to be with you every step of the way.

**Phone:** 330.343.8171

**Domestic Violence Crisis Line:** 330.364.1374

Email: PFCSIntake@OhioGuidestone.org

1433 5th St. NW New Philadelphia, Ohio 44663

# Mental Health and Counseling Treatment Services

- Home-Based Counseling
- Outpatient Counseling
- School-Based Services
  - Consultation
- Psychiatric Services

#### **Substance Use Disorder Services**

- Assessments and Counseling
- Intensive Outpatient Program (IOP)
- Youth Led Prevention Groups

### **Early Childhood Mental Health Services**

- Assessments and Counseling
- Prevent Relapse Occurrence Team with Enhanced Case Management & Treatment (PROTECT)

### **Family Services**

- Help Me Grow
- Harbor House Domestic Violence Shelter
- Harbor House Halfway House
- Parent Mentoring Program
- Takin' It To The Schools

#### **Foster Care**

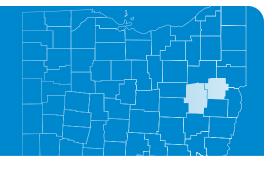
- Foster Care Family Support
- Foster Care Training
- Medically Fragile Foster Care
- Treatment Foster Care

## **Comprehensive Care**

- Crisis Line
- Donation Center
- Spiritual Support
  - Holistic Values and Practices



## **Our Services**



#### **Early Childhood Mental Health Consultation**

Early Childhood Mental Health Consultation provides a skill-building curriculum that is incorporated into existing early childhood programs to enhance healthy, social and emotional development of children ages 0 to 6. Clinical consultation, assessment, training and education are also offered through this service.

#### **Foster Care**

Our foster care program finds foster homes for Tuscarawas County children in need of a safe, nurturing place to live. We place medically fragile children, teens, teens who are parenting and sibling groups.

#### **Harbor House Domestic Violence Shelter**

Our domestic violence shelter provides emergency safe shelter and supportive services for women and children who are victims of domestic violence. Education and case management services are also provided on an outpatient basis. A 24-hour hotline is also available for victims to access the shelter and other resources.

#### **Harbor House Halfway House**

Our halfway house provides treatment for women who are struggling with addiction and require intensive treatment services. The program requires a 120-day stay and 6 months of aftercare. Children may accompany their mothers while in treatment.

#### **Help Me Grow**

Being a parent can be a really tough job. The Help Me Grow program gives parents someone to talk to about being a parent. It is an in-home parent education program for families with children ages birth to 3 years of age, or who are expecting a baby. Early Intervention therapy services are available for children with developmental delays.

#### **Mental Health Counseling Services**

Anxiety, depression, grief, workplace problems, relationship conflicts, child and adolescent behavior problems — who has not been affected by at least one of these situations and its stresses? Counseling Services offer professional, licensed therapists who can strengthen families and individuals through a deeper knowledge of themselves and of the skills needed to solve problems that can disrupt healthy functioning in the home, community school or workplace. We offer a wide range of professional counseling services, including individual, couples, child and family therapy.

#### P.R.O.T.E.C.T

Prevent Relapse Occurrence Team with Enhanced Case management & Treatment (*PROTECT*) is designed to work with juveniles with sexual behavior problems who are staying in or returning to the community. Our program works to ultimately eliminate any reoccurrence of sexual behavior problems through a variety of integrated services.

#### **Parent Mentoring Program**

Used as preventative or intervention service, this home-based program is designed for parents who want to strengthen their parenting skills and family life. Our mentors work with the family to assess their unique needs and customize and develop a family plan that addresses parenting concerns and child behavioral

problems. Through the use of 3 evidenced-based parenting models/curriculum: *Nurturing Parenting, The Incredible Years* and *The Positive Parenting Program*, parents will increase their knowledge and understanding of their child's developmental expectations and needs, learn positive discipline skills, know each family member's roles and responsibilities, improve communication within the family unit and decrease child behavioral concerns.

#### **Psychiatric Services**

These services are available for individuals who require additional support, beyond counseling, to deal with life's challenges. Our psychiatrist/nurse practitioner help improve everyday functioning through counseling and medication that is monitored closely throughout the treatment process.

#### **School-Based/Home-Based Program**

School-Based services work with children and adolescents to provide mental health and other support services in the school environment, family home or a community setting. In-Home Counseling and case management can be done in the home and can be as intensive as 2-3 times a week if needed. Designed to address high risk families needs around structure, discipline, deliquency, communication, relationships and mental health struggles.

#### **Substance Abuse Counseling Services**

Substance abuse problems affect school, work and finances, as well as each member of the family. Licensed professionals assist and support individuals and families, on a non-intensive, outpatient basis, to achieve sobriety. Our goal is to establish a client's abstinence from any and all mood-altering drugs and develop an individualized program of recovery. Counselors utilize special skills to assist individuals, families or groups in achieving objectives through exploration of alcohol and drug problems and/or addiction and their ramifications. Services include assessment; individual, family and group treatment; relapse prevention and education medication maintenance; crisis intervention; and links to community resources. Psychiatric services also are provided as needed. Intensive Out-Patient Program expectations are: To participate in 8 hours of group treatment per week, one individual counseling session per week, and case management activities, as needed. Gender specific groups are available.

#### Takin' It To The Schools

Takin' It To The Schools is a program for school-age children designed to teach them the skills necessary to prevent alcohol and other drug abuse. By learning these skills, the child will be equipped with tools to resist peer pressure and utilize healthier ways to cope with problems. Additionally classroom presentations focused on the prevention of alcohol and other drug use are provided to schools.

#### **Youth Led Prevention Groups**

Designed to engage and embrace young people as partners in their own personal development, teaching them to make healthy lifestyle choices, providing a no-use message against all substances, and involving adults in a guiding and supporting role. In this unique model, male and female students in 9th-12th grades play an active role in planning, implementing, and evaluating schoolwide substance abuse prevention initiatives.